



# Robyn Preston MP

## Member for Hawkesbury

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## MEDIA RELEASE

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### SPACE CAMP WINS NSW HEALTH AWARD

Nepean Blue Mountains Local Health District's Space Camp program has won a NSW Health Award for its exceptional contribution to mental health services.

The 2021 NSW Health Award winners were announced today, following a staggering 192 nominations from across the state's public health system.

Robyn Preston MP, Member for Hawkesbury congratulated the Space Camp program on winning this award.

"Both myself and the Nepean Blue Mountains Local Health District are proud of Space Camp and of its contribution to excellence in NSW healthcare." Ms Preston said.

The Space Camp program is a 9-week school based clinical intervention for children aged 5-9 years with behavioural, social or emotional challenges.

The aim of this camp is to develop a neuroscience evidence-informed early intervention program that supports families and school staff to meet a child's broad developmental needs based upon their unique diversities to optimize childhood wellbeing.

Space Camp Clinical Lead, Amanda Horton-Hallet said they are honoured to receive the award.

"Space Camp delivers foundational concepts that everybody who interacts with them comes to understand themselves and their relationships with others in a new way. This self-understanding is so important to be able to develop new ways to approach the world," said Ms Horton-Hallet.

NSW Health Secretary Susan Pearce said all eleven winners are outstanding examples of how staff continued to deliver excellent, patient-centred care during a very challenging year.

"The NSW Health Awards are a celebration of the many exceptional people who constantly strive to make our hospitals and services more responsive to the needs of our patients and their families," Ms Pearce said.

"I am in awe of the determination, community spirit and dedication constantly exhibited by NSW Health staff and extend my warmest congratulations to the 2021 winners and finalists."

The full list of winners and their projects is available on the NSW Health website.